

ASANA Spa CIRCUIT

90MIN 17€ KIDS 10€
(4>12 YEARS)

- WARM POOL
- JETS AND JACUZZI
- SAUNA AND TURKISH BATH
- TERMAL BEDS
- SOLARIUM AREA

MASSAGES

Relax massage	50min 65€	80min 97€
Back massage	30min 47€	50min 75€
Sports massage		50min 75€
Mixed Relax/Sports	50min 69€	80min 99€
Reflexology		50min 65€
Indian Head massage		30min 47€
Tired legs massage		50min 65€
Revitalizing Facial		30min 47€
Hot Stone massage		60min 82€
Special Pregnancy		50min 69€
Massage for Kids (4>12 years)		30min 39€

Requires an appointment - 680 18 17 14

Monday to Sunday from 10am to 6pm

info@asanaspacenter.com - Hotel MYND Yaiza - Calle Janubio N°3 - 35580 - Playa Blanca

FACIAL AND BODY TREATMENTS

Ritual of Roses - 50min 72€

Relaxing full body massage with rosewood essential oil, accompanied by a facial mask of alginates and Bulgarian rose floral water. A real treat for the skin.

Chocolate Dreams - 50min 72€

Body Wrap with warm chocolate and mandarin oil, followed by a revitalizing vitamin C facial massage. Deeply nourishes and illuminates the skin.

Lady of Dawn - 50min 72€

Begins with a deep back massage, neck and shoulders, followed by an exfoliation and deep hydration of the skin with flower petals and essential oils. Ideal for people with stress and nervous tension.

Royal ASANA Ritual - 80min 95€

Treatment designed for complete wellbeing.

Exfoliation of the skin with laminaria salt and grape seed oil, leaving the body prepared for a relaxing massage with our best essences.

Finish with a peeling and facial massage with vitamin C.

Special Back - 60min 80€

Application of therapeutic sea mud with arnica oil, ginger and essential oils that will help to soften the muscle tissue and then massage the back, neck and shoulders.

Deep Hydration Facial Treatment- 50min 72€

Cleaning lotion & floral water, scrub, cleaning mask, serum, massage and alginate mask. Complimentary neck and foot massage.

Probiotic facial treatment with rose quartz - 50 min €75

Advanced cleansing with probiotics that balances the skin's microbiota, strengthens the skin's defences and reveals a pure and fresh complexion. Organic floral cleanser, exfoliant, tissue mask, silky serum massage with rose quartz and SKIN Balancing probiotic mask.